

# Does Your Marriage Need A Check Up?

Assess the most appropriate number for each statement regarding your marriage

1 = Never; 5 = Always

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|---|-----------|
| 1. My spouse and I agree on how to solve problems   | 1 2 3 4 5 |
| 2. My spouse and I resolve our conflicts, and are able to compromise                            | 1 2 3 4 5 |
| 3. My spouse and I treat each other with respect  | 1 2 3 4 5 |
| 4. My spouse and I agree on sexual satisfaction   | 1 2 3 4 5 |
| 5. My spouse and I agree on how to handle our finances  | 1 2 3 4 5 |
| 6. My spouse and I agree on philosophy of child rearing   | 1 2 3 4 5 |
| 7. My spouse and I spend plenty of time together  | 1 2 3 4 5 |
| 8. My spouse and I agree on matters of religion/philosophy of life                              | 1 2 3 4 5 |
| 9. My spouse and I agree on how to spend our leisure and recreation time.                       | 1 2 3 4 5 |
| 10. My spouse and I are faithful to each other and committed to our marriage first and foremost | 1 2 3 4 5 |

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